

Anti-bullying Policy

The Sittingbourne School



Approved by:

Lynn Lawrence

Date: October 2021

Last reviewed on:

October 2021

Next review due by:

September 2022

Contents

1. Introduction
 2. Forms of Bullying
 3. Preventing, Identifying and Responding to Bullying
 4. Involvement of Students
 5. Liaison with Parents and Carers
 6. Monitoring and Review, Policy into Practice
 7. Responsibilities
 8. DCSF Guidance
 9. Overview flow chart of school anti bullying procedures
 9. Policy Review
-

1. Introduction

It is recognised that bullying is a long-standing and persistent problem which occurs in schools and in adult employment. However, bullying will not be tolerated, in any form, at Swale Academies Trust.

Each school within the Trust is committed to the belief that bullying is unacceptable and will take appropriate measures to counteract such anti-social behaviour. Any form of bullying will hinder the process of learning and is against the ethos of the Trust.

Definition of Bullying

Bullying is "Behaviour by an individual or a group, usually repeated over time, that intentionally hurts another individual either physically or emotionally."

Bullying can include: name calling, taunting, mocking, making offensive comments, kicking, hitting, taking belongings, inappropriate text messaging and electronic messaging (including through websites, social networking sites and Instant Messenger), sending offensive or degrading images by phone or via the internet, producing offensive graffiti, gossiping, excluding people from groups and spreading hurtful and untruthful rumours.

Specifically at The Sittingbourne School, each school year team:

- Discusses, monitors and reviews the Anti-Bullying policy on a regular basis.
- Ensures that students are aware that all bullying concerns will be dealt with sensitively and effectively, that students feel safe to learn, and that students abide by the anti-bullying policy. Bullying incidents at The Sittingbourne School **are most efficiently reported by both staff via** Bromcom and students digitally using the DRB link on the student homepage, by the safetext system or through bullying boxes. Students and parents/carers may also report incidents directly to their Head of Year or PSM
- Reports back to parents/carers regarding their concerns on bullying and deals promptly with complaints. Parents/carers in turn work with the school to uphold the anti-bullying policy. In collaboration with the school year teams, we have a designated Anti-Discrimination group who deal with incidents of prejudice by holding restorative conversations with offending students.

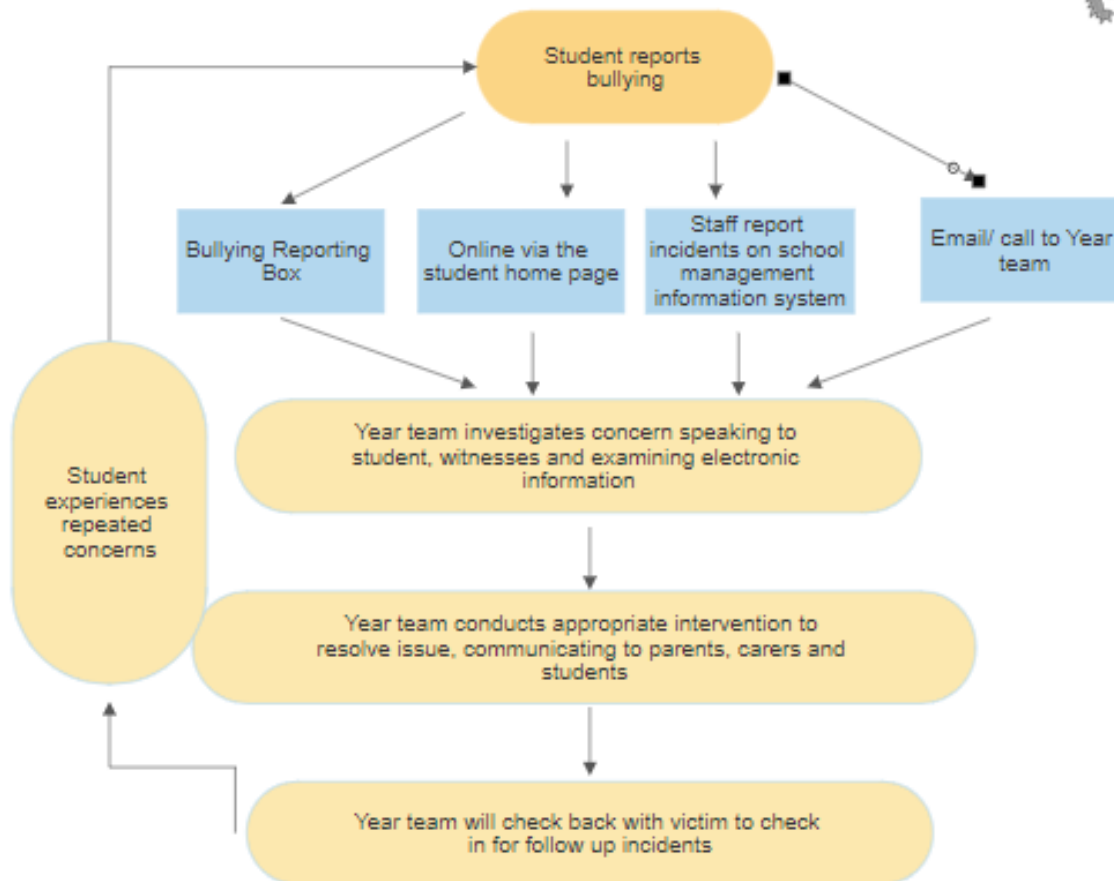
2. Forms of Bullying

Bullying can happen to anyone. This policy covers all types of bullying including:

- Bullying related to race, religion or culture.
- Bullying related to special educational needs.
- Bullying related to appearance or health conditions.
- Bullying related to sexual orientation.
- Bullying of young carers or looked after children or otherwise related to home circumstances.
- Sexist or sexual bullying.
- Cyberbullying, involving harassment linked to electronic means.
- Bullying related to LGBTQ+ phobia.

3. Preventing, Identifying and Responding to Bullying

Whilst bullying is extremely distressing for those who fall victim to it, cases of bullying are rarely straightforward. Getting to the core of the issue for all those involved takes time and care....



We will:

- Actively provide systematic opportunities to develop students' social and emotional skills, including their resilience.
- Consider all opportunities for addressing bullying including through the curriculum, through displays, through the Anti-Discrimination Team and assemblies.
- Link each year with the Government Anti-Bullying Initiative with a week devoted to exploring the issues surrounding bullying.
- Ensure that staff on duty during unstructured times will actively patrol the school, encouraging positive and inclusive behaviour from all students.
- Ensure the school's response to bullying is tactful and protective towards the alleged victim. In the initial stage of response, the suspected bully will be given the opportunity to adjust his or her behaviour, but subsequent action will not deflect from using the school's system of sanction to punish identified bullies.
- Encourage students to confide with a member of staff they trust.
- In conjunction with The Sittingbourne School's Mental Health and Wellbeing Team, pastoral staff within year teams can target specific interventions that aim to support the emotional welfare for the victims of bullying. Students who have been identified to be persistent perpetrators of unpleasantness or harassment will have the opportunity to benefit from strategies within the Mental Health Programme in an attempt to reduce the prevalence of further bullying incidents.

- The Sittingbourne School has the jurisdiction to sanction offsite bullying matters when brought to the attention of the year teams or staff involved in cyberbullying can expect for their social media accounts to be screened, mobile phones searched for content and confiscated if found to contain bullying related materials. For ongoing harassment or severe incidents, encouragement/support will be issued to parents and carers with respect to filing a complaint to the police.

4. Involvement of Students

We will:

- Regularly canvas children and young people's views on the extent and nature of bullying through student surveys.
- Ensure students know how to express worries and anxieties about bullying.
- Ensure all students are aware of the range of sanctions which may be applied against those engaging in bullying.
- Involve students in anti-bullying campaigns in schools.
- Offer support to students who have been bullied e.g. peer mentoring or referral to the mental health and wellbeing team.
- Work with students who have been perpetrators of bullying in order to address the problems they have.

5. Liaison with Parents and Carers

We will:

- Ensure that parents/carers know whom to contact if they are worried about bullying.
- Keep parents/carers informed about the investigation into their concern.

6. Monitoring and Review, Policy into Practice

We will review this policy at least once every two years as well as if incidents occur that suggest the need for review. The school uses the guidance by the DCSF* to inform its action planning to prevent and tackle bullying.

7. Responsibilities

This Policy only works if it ensures that the whole school community understands that bullying is not tolerated and understands the steps that will be taken to both prevent and respond to bullying.

- School Governors to take a lead role in monitoring and reviewing this policy.
- Governors, the Headteacher, senior managers, teaching and non-teaching staff to be aware of this policy and implement it accordingly.
- The Headteacher to communicate the policy to the school community.

The named contact for this policy is the headteacher, Mr Smith.

8. DCSF Guidance

DCSF Guidance "Safe to Learn: Embedding anti-bullying work in schools"

9. Policy Review

This policy will be reviewed every year. This is so that it remains up to date, useful, and relevant. We will also regularly review it in accordance with local and national policy changes.