



Ref: YPE/era

Date: 3 October 2020

Dear Parents, Carers and Staff

We have identified, with advice from Public Health England, that there has been a single confirmed case of COVID-19 within the school community.

We have written to parents of those children in the affected class, and these children have been instructed to self-isolate from this point onwards. Some other affected children travelled to school on Tuesday 29 September from the Isle of Sheppey on the 371R Travelmaster bus. If your child travelled on this bus on this morning, they should not attend school and must immediately start a period of self-isolation. We would be grateful if parents of the children who catch the 371R bus could contact the school after 8.30am on Monday 5 October (Tel 01795 427 449) for further information.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

### **What to do if you or your child develops symptoms of COVID 19**

If you or your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

## Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If you or your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>.

Yours faithfully



Ms Y Peden  
Headteacher